

# **SCREEN TIME POLICY**

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## **Mandatory – Quality Area 1**

### **PURPOSE**

This policy will ensure that children have minimum recommended viewing time for TV or DVD for other reason than educational program or educational research at Camberwell Kindergarten and Childcare Centre Inc.

### **POLICY STATEMENT**

Camberwell Kindergarten and Childcare Centre to ensure that:

- Children under 2 years of age do not spend time watching TV or DVD during attendance at the centre.
- Children over 2 years of age the screen time is limited to one hour a day by the approval of the Educational Leader
- No screen time during the day unless it has an educational purpose and it is limited to less than one hour.
- Children over 2 years of age are able to do research on educational subjects with the assistant of the educators to develop their knowledge. Their screen time will not exceed beyond one hour limit.
- At the discretion of the Kinder teacher the kindergarten group may have a movie day as part of their school holiday program and that it will be limited to once a week.
- The laptops can be used for listening to music.

### **SCOPE**

This policy applies to the Approved Provider, Nominated Supervisor, person responsible, educators, staff, student on placement and children at the educational program of Camberwell Kindergarten and Childcare Centre Inc.

### **BACKGROUND/ LEGISLATION**

The Educational and Care Services National Regulation does not have an operational requirement for screen time within an educational program.

### **DEFINITION**

Screen time: Screen time refers to the amount of time spent watching TV which includes video and DVD's; playing computer games. In some instances screen time also refers to using telephones for texting and social networking.

### **EVALUATION**

In order to assess whether the purpose of the policy has been achieved, the Approved Provider will:

- Regularly seek feedback from everyone affected by the policy regarding effectiveness.
- Monitor implementation, compliance and complaints in relation to this policy.
- Keep the policy up to date with current research and best practice.
- Revise the policy and procedure as part of the service policy review cycle or as required.

- Notify parents/guardians at least 14 days before making any changes to this policy or its procedures.

## **ATTACHMENT**

Nil

## **AUTHORISATION**

This policy is adopted by the Educational Leader with approval of the Nominated Supervisor and Approved Provider of Camberwell Kindergarten and Childcare centre Inc. on 13/04/2017.

## **REVIEW DATE**

13/04/2021

## **SOURCES RELATED TO POLICY**

- Discussion with the staff.
- Mayo Clinic "Healthy Lifestyle, children health" [www.mayoclinic.org/healthy-lifestyle](http://www.mayoclinic.org/healthy-lifestyle)
- The Department of Health.